



MEDICAL FITNESS FORM
JABATAN PENGURUSAN BIASISWA, KEMENTERIAN PENDIDIKAN

Personal Details:

Name: _____	
IC No: _____	Date of Birth: _____
Age: _____ Year _____ Month	Sex: MALE / FEMALE*

MEDICAL HISTORY:

1. Personal History (*To be completed by STUDENT*):

a. Have you suffered from or is suffering from the following?

- | | | |
|------------------------------|------------------------------|-----------------------------|
| • Tuberculosis | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| • Rheumatic fever | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| • Epilepsy | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| • Diabetes | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| • Hypertension | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| • Psychiatry/ mental illness | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

b. Please give details of any important illness, accident or surgery (if any):

c. Do you suffer from any learning disability? Yes No

If your answer is YES to question C, please specify: _____

I declare the above information is true.

Signature: _____ Date: _____

PHYSICAL EXAMINATION & INVESTIGATIONS:

1. General appearance: Height: _____ m Weight: _____ kg BMI: _____
2. Cardiovascular system examination: Pulse = _____ Blood Pressure = _____ Heart sounds = _____
3. Respiratory system examination :
4. Chest X-Ray Report: Film No: _____ Date taken: _____ Health facilities: _____ Radiologist report:
5. Gastrointestinal system:
6. Dental examination:
7. Visual acuity
8. Urinalysis: Albumin = _____ Sugar = _____ Blood = _____
9. Laboratory tests: Hb = _____ Serum creatinine = _____ Random blood sugar = _____
10. Only for medical/ dental/ health related courses: HBs Antigen (if positive, full Hepatitis B markers) = HBs Antibody = HCV Antibody = Pregnancy test (Only valid at the date of the test) = _____
11. Drug screening = _____

12. ***Is the candidate at present:***

On any medications? (Please give details)

Receiving medical attention? (Please give details)

I certify that the above candidate is medically **FIT/ UNFIT** to take a course overseas.

Signature of Doctor: _____

Qualifications: _____

Name of Doctor: _____

BMB Number: _____

Name of Clinic: _____

Date: _____

Official stamp:



Note:

In completing this form, particular attention should be paid to:

- Chest X-ray to rule out tuberculosis or other chronic pulmonary disease
- Eyesight- errors of refraction should be corrected
- There should be no evidence of severe renal diseases
- Any abnormalities should be investigated and managed accordingly